





























ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
CPUA SEASONAL FRUIT														

INGREDIENTS: Banana. Red Apple ; Apples. Orange ; Oranges.

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CPUH TOMATO & VEGGIE BALL														















INGREDIENTS: Moroccan Style Vegetable Ball 19g ; Rehydrated Pea Protein Rapeseed Oil Diced Onions Diced Carrots Seasoning (Onion Powder Tomato Powder Garlic Powder Ground Cumin Ground Coriander Ground Cinnamon Ground Cardomom Ground Fennel Chilli Powder Ground Bay) Diced Red Pepper Apple Juice Concentrate Date Syrup Potato Starch Methylcellulose Fine Sea Salt Pumpkin Powder Beetroot Powder Citrus Fibre Apple Extract. Lentils; Red Lentils. Chopped Tomatoes ; Tomato Juice Citric Acid. Diced Onion. Water. Sliced Peppers 2.5kg ; Red Green Yellow Peppers. Garden Pea. Diced Carrots. Sweetcorn. Tomato Paste ; Tomatoes. Cornflour ; Maize Starch. Garlic Puree ; Garlic (98%) Acidity Regulator, Citric Acid. Rubbed Basil ; Dried Basil.

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Allergy Advice:















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CPUD STICKY BBQ CHICKEN	✓													

INGREDIENTS: Water. Heinz Tomato Ketchup 50% Less Sugar And Salt ; Tomatoes (174 G Per 100 G Ketchup) Spirit Vinegar Sugar Salt Spice And Herb Extracts (Contain **(Celery)**) Sweetener (Steviol Glycosides) Spice. Bbq Sauce ; Concentrated Tomato Puree Glucose-Fructose Syrup Spirit Vinegar Molasses Sugar Modified Starch Salt Smoke Flavouring Spices Onion Powder Flavourings Preservative (Potassium Sorbate) Garlic Powder. Maggi Rich And Rustic Tomato Sauce ; Sun Ripened Tomatoes Puree Of Sun Ripened Tomatoes Onion Sunflower Oil Sugar Salt Herbs And Spices (Black Pepper Basil Oregano) Acid (Citric Acid) Firming Agent (Calcium Chloride). Diced Onion. Knorr Meat Gravy Granules ; Maltodextrin Potato Starch Flavourings Sugar Salt Yeast Extract Vegetables (Onion Powder* Tomatopuree Powder*) Caramel Syrup Palm Fat Thickener (Guar Gum) Sunflower Oil Sage. Tomato Paste ; Tomatoes. Garlic Puree ; Garlic (98%) Acidity Regulator, Citric Acid.

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JACKET POTATO WITH TUNA PRIMARY				✓	✓									















INGREDIENTS: Baking Potatoes ; Potato. Tuna Chunks In Brine ; Tuna **(Fish)** Water Salt. Sweetcorn. Lite Mayonnaise ; Water Rapeseed Oil Sugar Spirit Vinegar Stabilisers(Modified Maize Starch Xanthan Gum) **(Egg)** Yolk Powder (1.5%) Salt Acidity Regulators (Acetic Acid Lactic Acid) Preservative(Potassium Sorbate) Colour(Mixed Carotenoids).

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Cabbage Pri														

INGREDIENTS: Savoy Cabbage.

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YOGHURT							✓							















INGREDIENTS: Low Fat Smooth Strawberry Yogurt ; Low Fat Yogurt (**Milk**) Sugar Strawberry Seedless Puree (3.9%) Modified Waxy Maize Starch Natural Flavour Citric Acid E330 Preservative, Potassium Sorbate Sweetener, Aspartame.

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Chocolate Orange Brownie		✓ Wheat		✓			✓							

INGREDIENTS: Chocolate Orange Brownie ; Sugar **(Wheat)** Flour (With Calcium Iron Niacin Thiamine) Water Vegetable Oil (Rapeseed Palm) Orange Curd (4.9%) [Sugar Water Glucose Syrup Vegetable Oil (Palm Rapeseed) **(Wheat)** Starch Dried Whole **(Egg)** Modified **(Wheat)** Starch Gelling Agent (E440a) Acidity Regulator (E330 E331c) Orange Oil Salt Acetic Acid Colours (E100 E163)] Cocoa Powder (3.4%) Glucose Syrup Whole **(Egg)** Powder Starch Whey Solids **(Milk)** Emulsifier (E471) Raising Agent (E500) Preservative (E202 E282) Acidity Regulator (E330) Salt Flavouring.

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Mashed Potato Ready Made Frozen														

INGREDIENTS: Mashed Potato ; Potato (95%) Rapeseed Oil Sg Palm Oil Salt Emulsifier, E471 White Pepper Flavouring.

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